

JOSEPHINE CHANDA OKONE OJOO FRCP

(MB.CH.B, MRCP, CCST, DIP HIV MED)

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SYNOPSIS

- Senior Lecturer in the Department of Internal Medicine, Maseno University.
- 28 years as a Medical Doctor both in Kenya and internationally.
- 15 years experience as Consultant in General, Respiratory and HIV Medicine.
- Certified as Physician Educator by the Royal College of Physicians
- Lectureship with the Leicester-Warwick University for 8 years. Supervising Respiratory Specialist Trainees in their subspecialty program.
- Ongoing links with the Leicester-Warwick University and the Royal College of Physicians
- Training, assessment and appraisal of medical and paramedical staff.
- Trained in ethical research methodology, written multiple grant proposals, carried out research, published in reputable journals and presented at national and international fora while ensuring that the scientific knowledge is translated into programs and practices.
- Experience in setting up clinical services, auditing systems, services and practice with improvement in care delivered.
- Interested in using my expertise and enthusiasm to contribute in training, leading to ongoing research and development relevant to our set-up.
- Excellent communication skills both written and verbal.
- Organized, self- motivated, innovative visionary.

EXPERIENCE

Senior Lecturer, School of Medicine

Maseno University

2015-Date

- Foundational member of the Department of Internal Medicine
- Thematic Head Curriculum Delivery, Internal Medicine
- Thematic Head, Research and Development Internal Medicine

Key Achievements

- Ensure delivery of the curriculum for all undergraduate years in and Postgraduates rotating through Internal Medicine.
- Deployment of innovative teaching and examining techniques including e-learning modules, case based sessions and topical symposia.
- Participation in Postgraduate curriculum development

Honorary Consultant Physician

Jaramogi Oginga Odinga Teaching and Referral Hospital Kisumu 2015-Date

Key Achievements

- Development of local guidelines to improve patient care
- Member of quality improvement committee driving multifaceted quality improvement agenda

Resident Physician

The Aga Khan Hospital Kisumu

2014-2015

- Clinician in committees preparing hospital for compliance with American Accreditation.

Consultant Acute Physician in Charge of Ambulatory Care.

Kettering General Hospital, UK

2013—2014

- Lead clinician in multidisciplinary team that set up one of the first Ambulatory Emergency Care Units in the UK managing emergency adult patients safely and efficiently on a same day basis avoiding admission to a hospital bed. Recognised as a national model for subsequent units setting up similar services.

Key Achievements

- We designed the unit, ensuring seamless flow of patients
- We developed pathways underpinning the service
- We trained nurses to independently deliver aspects of care
- We disseminated information to relevant stakeholders
- We reduced adult emergency admission rates

Consultant in Respiratory/HIV and General Internal Medicine.

Northampton General Hospital

2002-2013

- 11 years as a Consultant General and Respiratory Medicine heading multi-disciplinary teams that delivered evidence based acute care.
- In charge of a respiratory ward with clinical and training oversight of a team of junior doctors, nursing and paramedical staff.
- Oversaw and operated clinics for the management of chronic respiratory conditions.
- Clinical lead in Respiratory Medicine
- Physician delivering holistic care to HIV infected patients based on current guidelines. As a team we addressed prevention, counselling and testing for HIV, monitoring of patients, therapy with antiretroviral and adjunctive drugs, treatment of acute and chronic complications of HIV infection.

Key Achievements

- Set up non-invasive ventilation service for patients with acute hypercapnic respiratory failure and developed pathways for the treatment of patients with chronic hypercapnic respiratory failure

EDUCATION

Medical Qualifications

Diploma in HIV Medicine Society of Apothecaries of London, UK	2012
Fellow of the Royal College of Physicians Royal College of Physicians, London, UK	2007
Certificate of Completion of Specialist Training Respiratory and General Internal Medicine Specialist Training Authority of the Medical Royal Colleges, United Kingdom	2001
Member of the Royal College of Physicians (MRCP) (UK)	1995
Bachelor of Medicine and Bachelor of Surgery (MB.Ch.B) Medical School, University of Nairobi, Kenya	1989

Supportive Training and Education

RCP Educator Accreditation Physicians as Educators Programme Royal College of Physicians	2006
Certificate of Clinical Leadership in Practice Kaiser Clinical Leadership Development Programme Sunley Management Centre:	2006
Quality and Compliance GCP Training Certificate Northampton General Hospital: Short course for investigators	2004
European Computer Driving Licence Holder ECDL Centre Hull	2002
Advanced Life Support provider Resuscitation Council	2000 UK
Certificate of Core Knowledge in Ionising Radiation	1995

BOARD CERTIFICATION AND LICENSURE

The Medical Practitioners and Dentist Board Kenya	A3206
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MEMBERSHIPS

Member of Kenya Association of Physicians

Fellow of Royal College of Physicians (UK)

SKILLS AND INTEREST

- **Educational**

approach of

I have an interest in innovation in clinical teaching and training aiming to diversify the information delivery in interesting and challenging ways.

- **Research**

I have been involved in clinical research since 1991. As part of the University Fraternity research collaborations will be an integral part of the output of the departments in which I will continue to participate.

- **Service Developments**

I have developed respiratory and ambulatory services in response to changing scientific knowledge, audit of our performance and national guidelines.

- **Appraisals**

Trained in the principles and practice of appraisal

Conducted yearly appraisals of 5-7 consultant colleagues since 2005

- **Information Technology Capability**

European Computer Driving Licence holder. Includes proficiency in word processing, spreadsheets, database management and presentation. , confident in qualitative and quantitative research and analysis, I have used SPSS and EpiInfo in statistical analysis. Fast learner, takes initiative.

- **Language**

Fluent in English and conversational Swahili

SELECTED ABSTRACTS, PRESENTATIONS AND PUBLICATIONS

Original Papers

1. Kastelik JA, Aziz I, **Ojoo JC**, Thompson RH, Redington AE, Morice AH. Investigation and management of chronic cough using a probability-based algorithm. *Eur Respir J*. 2005 Feb; 25(2):235-43.
2. **JC Ojoo**, SA Mulrennan, JA Kastelik, AH Morice, AE Redington. Exhaled Breath Condensate pH and Exhaled Nitric Oxide in Allergic Asthma and in Cystic Fibrosis. *Thorax*. 2005; 60(1): 22-6
3. **Ojoo JC**. Kastelik JA. Morice AH. A boy with a disabling cough. *Lancet* 2003. 361:674
4. Kastelik JA. Thompson RH. Aziz I. **Ojoo JC**. Redington AE. Morice AH. Sex-related differences in cough reflex sensitivity in patients with chronic cough. *Am J Resp Crit Care Med* 2002; 166:961-4,
- 5.
6. **Ojoo JC**. Moon T. McGlone S. Martin K. Gardiner ED. Greenstone MA. Morice AH. Patients' and carers' preferences in two models of care for acute exacerbations of COPD: results of a randomised controlled trial. *Thorax* 2002; 57:167-9,
7. Kastelik JA, Redington AE, Aziz I, **Ojoo JC**, Thompson R. Morice AH. Gender related differences in cough reflex sensitivity in patients with chronic cough. *Am J Respir Crit Care Med* 2002;166:961–964 .
8. Gilks CF, Ojoo SA, **Ojoo JC**, Brindle RJ, Paul J, Batchelor BI, et al. Invasive pneumococcal disease in a cohort of predominantly HIV-1 infected female sex-workers in Nairobi, Kenya. *Lancet* 1996; 347:718-723.
9. Gilks CF, Godfrey-Faussett P, Batchelor BI, **Ojoo JC**, Ojoo SJ, Brindle RJ, et al. Recent transmission of tuberculosis in a cohort of HIV-1-infected female sex workers in Nairobi, Kenya. *AIDS* 1997; 11:911-918
10. **Ojoo J**, Paul J, Batchelor B, Amir M, Kimari J, Mwachari, et al. Bacteriuria in a cohort of predominantly HIV-1 seropositive female commercial sex workers in Nairobi, Kenya. *J Infect* 1996; 33:33-37.
11. Hawken MP, **Ojoo JC**, Morris JS, Kariuki EW, Githui WA, Juma ES, et al. No increased prevalence of adrenocortical insufficiency in human immunodeficiency virus-associated tuberculosis. *Tuber Lung Dis* 1996; 77:444-448.
12. Janoff EN, Fasching C, **Ojoo JC**, O'Brien J, Gilks CF. Responsiveness of human immunodeficiency virus type 1-infected Kenyan women with or without prior pneumococcal disease to pneumococcal vaccine. *J.Infect.Dis.* 1997; 175:975-978.
13. Paul J, Gilks C, Batchelor B, **Ojoo J**, Amir M, Selkon, et al. Serological responses to brucellosis in HIV-seropositive patients. *Trans Royal Soc Trop Med Hyg* 1995; 89:228-230.

14. Amir M, Paul J, Batchelor B, Kariuki S, **Ojoo J**, Waiyaki, et al. Nasopharyngeal carriage of *Staphylococcus aureus* and carriage of tetracycline-resistant strains associated with HIV-seropositivity. *Eur J Clin Microbiol & Infect Dis* 1995; 14:34-40.

Review paper

1. **Ojoo JC**, Kastelik JA, Morice AH. The respiratory system and the menopause (Review). *J Br Men Soc* 2001; 7:168-173

Letters

1. DW Reid, **JC Ojoo**, SA Mulrennan, JA Kastelik, AH Morice, AE Redington. Bacterial denitrification, nitric oxide and airway pH in CF. *Thorax* 2005; 60: 614
2. FJ Fernández-Fernández, MA Iglesias-Olleros, AH Morice, JA Kastelik, **JC Ojoo** Chronic cough in adults. *Thorax* 2004; 59: 451.
3. Morice A, **Ojoo J**, Kastelik J. **Disabling cough: habit disorder or tic syndrome** *Lancet* 2003; 361:1992
4. **Kastelik JA**, Aziz I, Ojoo CJ, Morice AH. Evaluation of impulse oscillation system: comparison with forced oscillation technique and body plethysmography. *Eur Respir J* 2002; 9: 1214-1219.

Abstracts

1. AP Nataraja, C Winterbottom, S Menzies, A Datta, **J Ojoo**. Specialist clinic improves outcomes diagnosis and reduces length of stay in exudative pleural effusions. *Thorax* 2008;63(Suppl 7):A141
2. JS Hogg, JA Kastelik, SA Mulrennan, **JC Ojoo**, AH Morice, AE Redington. Exhaled breath condensate pH and nitric oxide in chronic obstructive pulmonary disease, compared to normal controls. *Am J Resp Crit Care Med* 2004; **169** A592 (Oral Presentation)
3. JA. Kastelik, RH Thompson, S Mulrennan, **J Ojoo**, AE Redington, AH Morice. Effects of successful treatment of cough on health status *Eur Respir J* 2003; 1123: 172s
4. **Ojoo JC**, Moon T, McGlone S, Martin K, Greenstone MA, Morice AH. Patient and carer preference in two models of care for acute exacerbation of chronic obstructive pulmonary disease: results of a randomised controlled trial *Eur Respir J* 2001; 18 : 24s (**Poster discussion**)
5. **Ojoo JC**, Moon T, McGlone S, Bowker C, Martin K, Greenstone MA, McGivern DV Arnold AG, Morice AH. Patients and carers prefer home management of COPD exacerbations *Am J Resp Crit Care Med* 2001 **163** (**Poster presentation**)
6. Kastelik J.A, Aziz I, Redington A.E, **Ojoo J**, Morice AH. Sputum induction with jet nebuliser in cystic fibrosis *Am J Resp Crit Care Med* 2001 **163** A84 (**Poster presentation**)

7. Kastelik J.A, Aziz I, Thompson R, Redington AE, **Ojoo J**, Buckton GK, Smith CM, Dakkak M, Morice AH. Gastroesophageal Dysmotility as a cause of chronic persistent cough *Am J Resp Crit Care Med* 2001 **163** A 60 (**Poster presentation**)
8. Aziz I, Kastelik JA, Thompson R, Wright CE, **Ojoo JC**, Redington AE, Morice AH. Gender Differences In Cough Sensitivity In Patients With Chronic Cough *Am J Resp Crit Care Med* 2001 **163** A 61 (**Poster presentation**)
9. Kastelik JA, **Ojoo JC**, Jackson W, Wright GA, Davies TW, Redington AE, Aziz I, Wedgwood KW, Morice AH. Measurements of gastric emptying in patients with chronic cough due to gastroesophageal reflux. *Eur Respir J* 2001; 18 : 378s (**Poster presentation**)
10. Kastelik JA, **Ojoo JC**, Aziz I, Redington AE, Burkinshaw LM, Morice AH. Compliance with nebulized therapy in patients with chronic lung disorders. *Eur Respir J* 2001; 18 : 59s (**Poster presentation**)
11. Kastelik JA, **Ojoo JC**, Redington AE, Morice AH. Proton pump inhibitors in the treatment of chronic cough associated with abnormal manometry. 2nd International Symposium on Cough: Pharmacology and Therapy, London 2001, (**Poster presentation**)
12. Kastelik JA, **Ojoo JC**, Redington AE, Morice AH. Gender related differences in cough reflex sensitivity to inhaled capsaicin and citric acid in patients with chronic cough. 2nd International Symposium on Cough: Pharmacology and Therapy, London 2001, (**Poster presentation**)
13. **Ojoo JC**, Kastelik JA, Morice AH. Duration of angiotensin converting enzyme inhibitor (ACEI) induced cough. *Thorax* 2001; **56**: iii72 (**Poster discussion**)
14. Kastelik JA, **Ojoo JC**, Aziz I, Redington AE, Morice AH. Monitoring of adherence with nebulised therapy in patients with chronic lung disease. *Thorax* 2001; **56**: iii73(**Poster presentation**)
15. Thompson R, Kastelik JA, **Ojoo JC**, Wright CE, Beaumont LA, Redington AE, Morice AH. Impact of chronic cough on health. *Thorax* 2001; **56**: iii71(**Poster discussion**)
16. **Ojoo JC**, Moon T, McGlone S, Martin K, Greenstone MA, Morice AH. Patients' and carers' preference in two models of care for acute exacerbation of chronic obstructive pulmonary disease: results of a randomised controlled trial *Thorax* 2001; **56**: iii11 (**Oral presentation**)
17. **Ojoo JC**, Kastelik JA, Morice AH, Redington AE. Dissociation between airway acidification and elevated exhaled nitric oxide in subjects with mild asthma. *Am J Resp Crit Care Med* 2002 **165** A 15 (**Oral presentation**)
18. **Ojoo JC**, Kastelik JA, Morice AH, Greenstone MA. Evaluation of the mini Wright peak flow meter modified for the use by visually impaired patients. *Am J Resp Crit Care Med* 2002 **165** A 710 (**Poster discussion**)

19. Kastelik JA, **Ojoo JC**, Thompson R, Aziz AE, Redington AE, Morice AH. Do the clinical features of chronic cough in conjunction with the findings of chest radiograph determine the etiology of chronic cough. *Am J Resp Crit Care Med* 2002 **165** A 831 (**Poster discussion**)
20. Kastelik JA, Thompson R, **Ojoo JC**, Redington AE, Morice AH. Impact of cough on health status. *Am J Resp Crit Care Med* 2002 **165** A 831 (**Poster discussion**)
21. **Ojoo JC**, Kastelik JA, Morice AH. Persistent angiotensin converting enzyme inhibitor induced cough. *Am J Resp Crit Care Med* 2002 165 A 831 (Poster discussion)
22. JA. Kastelik, RH Thompson, S Mulrennan, **J Ojoo**, AE Redington, AH Morice. Effects of successful treatment of cough on health status *Eur Respir J* 2003; 1123: 172s
23. JS Hogg, **JC Ojoo**, SA Mulrennan, JA Kastelik, AH. Morice, AE. Redington. Exhaled breath condensate pH and exhaled nitric oxide in chronic obstructive pulmonary disease. *Eur Respir J* 2003; 3210: 514s
24. SA. Mulrennan, **JC. Ojoo**, JA. Kastelik, AH Morice, AE Redington. Airway acidification and exhaled nitric oxide in cystic fibrosis *Eur Respir J* 2003;

COURSES ATTENDED FROM 2015

19th Kenya Association of Physicians Annual Scientific Conference	18- 21March 2015	Mombasa Kenya
20th Kenya Association of Physicians Annual Scientific Conference	16-19 March 2016	Eldoret Kenya
Member of Faculty IV National Advanced HIV Course	4-15April 2016	Kisumu Kenya
Member of Faculty V National Advanced HIV Course	18-29 April 2016	Kisumu Kenya
KMA Kisumu Division CME on Management of CCF	02 March 2017	Kisumu Kenya
Presenter at AKU Heart symposium	2-3 March 2017	Safari Park Hotel
Resource Mobilisation Training workshop	20-21 March 2017	Strathmore Business School
Presenter: National ECHO teleconference on Pneumonia in HIV	27-04-2017	ICAP- JOOTRH Kisumu
ECSACoP Train the Trainers Course	3-5 May 2017	Lusaka Zambia
HRH Workshop to develop and update HIV content of pre-service curriculum.	15-19 May.2017	Nakuru Kenya
Presenter: Towards Developing a Collaborative Infectious Disease Program at the Aga Khan Hospital, Kisumu	2 June 2017	Kisumu Kenya
4th Kenya International Scientific Lung Health Conference- Speaker on COPD in Africa	20-23 June 2017	Nairobi
Presenter: National ECHO teleconference- Delivered lecture on Meningitis in HIV	3rd August 2017.	ICAP- JOOTRH Kisumu
Faculty in First ECSACoP Physicians as Educators Course	1st October -3rd October 2017	Entebbe, Uganda
ECSACoP Training of Trainer Course	4-7 February 2018	Harare Zimbabwe

HRH Mentorship workshop	5-9 March 2018	Nakuru Kenya
Heart Failure symposium by the Kenya Cardiac Society.	23 March 2018	Kisumu Kenya
HRH- Lead Training Institutions Faculty Learning Exchange At AMPATH Plus-Moi University	14-15 May 2018	Eldoret
IntraHealth Workshop-Validation of Key Messages for HIV and RMNCAH	16 – 18 May 2018	Nakuru Kenya

Legend

JOOTRH- Jaramogi Oginga Odinga Teaching and Referral Hospital Kisumu

ECSACoP- East, Central and Southern Africa College of Physicians

HRH- Human Resource for Health

REFERENCES

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