



REPORT ON MENSTRUAL HYGIENE MANAGEMENT DAY 2019

28th May is the day we celebrate menstrual hygiene day nationwide. In preparation for this year's celebration we had a training at Moi University on 18th May where we were represented by 7 students. Those trained were charged with resource mobilisation for sanitary towels, selection of a school in the university's vicinity to visit and training of the others to take part in the school visit.





We choose Ebulako primary school and sort permission from the school

administration. We collected donations from the public and also freedom for girls. In organizing the event we partnered with MUSOMSA, RESPEKT, SCORA and SCOPE Maseno chapter.

We had targeted 270 girls but reached about 290. we distributed 554 disposable sanitary towels, 40 reusable packs and 260 rolls of toilet paper. Most reusable pack were given to class 8 students as suggested by the guidance and counselling teacher who was also left in charge of the sanitary towels that remained.

A team of at least 35 students visited the primary school on Tuesday at 3.40 p.m. We had presentations on puberty, hormonal changes in females, menstrual cycle, ovulation, safe disposal of used sanitary towels and management of period pain. We finished up with a demonstration on usage of sanitary towels before giving

out donation and taking photos with the school administration.

We would like to appreciate all who made this day a success; our partners for the training (SCORA, KMA, Freedom for girls, reprodrive), the Maseno university school of medicine dean, (Prof. Ogendo), those who volunteered for the school visit, our donors and our hosts, Ebulako primary school.





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